

# Loudoun Soccer



2015 Academy Parent Meeting



# Daryn Patricio - *Director of Player Placement*

USSF A License

CAF B License

SAFA B License

KNVB International  
Coaching Diploma

Head Coach, North  
Rand Football  
Association

Technical Director,  
Balfour Alexandra  
FC

Assistant Coach,  
Alexandra United  
FC

Director of  
Coaching,  
Concept4Soccer  
South Africa

Alexandra United  
FC (player)

Radford University  
Men's Soccer

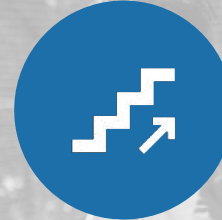
# Agenda



2015 ACADEMY  
TEAM STRUCTURE



UNIFORMS & FEES



CLUB PATHWAY



DEVELOPMENT  
FRAMEWORK



AGE SPECIFIC  
OBJECTIVES



PERIODIZATION  
PLAN & IMPORTANT  
DATES



WHAT DO WE LOOK  
LIKE ON GAME DAY



QUESTIONS



# 2014 Academy Team Structure

## Girls

*Royce Brodie*

- 2013 Girls Spirit
- 2013 Boys Madrid
- 10-12 players
- Movement between team and program if necessary
- Compete in the 2014 age group
  - NCSL as 5<sup>th</sup> team
  - 14G Reign

## Boys

*Daryn Patricio*

- 2014 Boys Madrid
- 10-12 players
- Movement between team and program if necessary
- Compete in the 2014 age group
  - NCSL as 6<sup>th</sup> team
  - 14B Celtic



# Uniforms & Fees

\$625

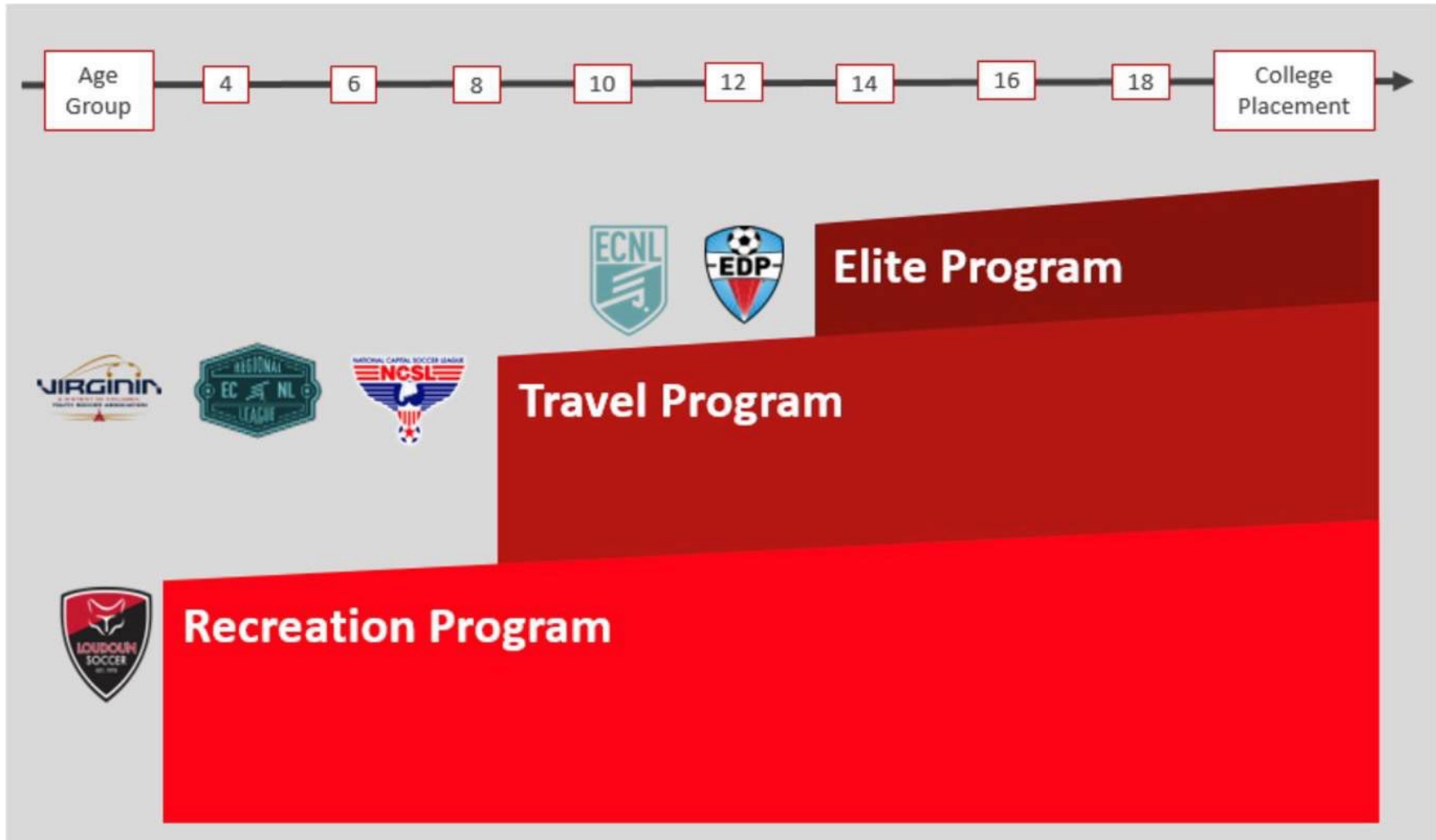
- Winter club training
- Winter age group play day
- Spring Training Academy
- League Membership and Fees
- VYSA, USSF, USYSA Fees
- Referee Fees
- Additional pair of socks for game day





# Club Pathway

Three primary Loudoun Soccer development programs



Options for players born in 2015:

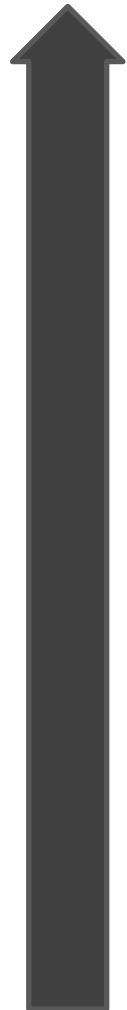
Rec 1

U8 Academy Program

U8 Academy Team

# Progressive Development Framework

Graduated phases of player growth



## Growth Phases

## Focus Areas

## Recreation

## Travel

## Elite

Performing

Technique/Awareness/  
Communication: Large  
group team tactics and  
competition

HS 7v7

U17, U18, U19

U17, U19

Developing

Technique/Awareness/  
Communication:  
Advanced small group  
team tactics

Classic League

U14, U15, U16

U14, U15, U16

Learning

Technique/Awareness:  
Basic small group team  
tactics

Rec 2, Challenge 2

U11, U12, U13

U12, U13

Foundation 2

Technique: Basic  
understanding of the  
game

U7, Rec 2,  
Challenge 1

U8 Academy,  
U9, U10

N/A

Foundation 1

Technique: Motor skills;  
ball touch and control

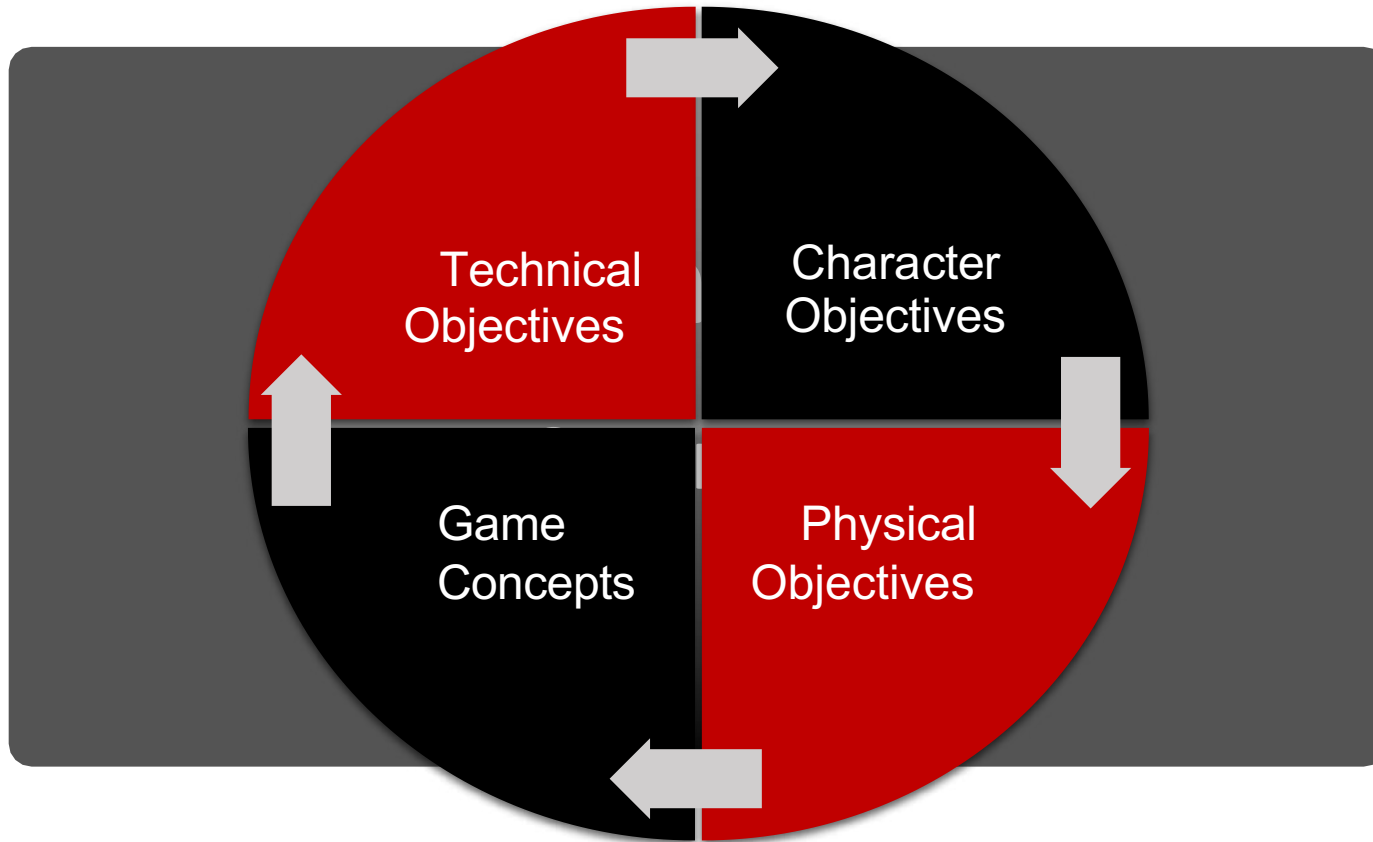
Preschool, Pre-K,  
Kindergarten, Rec 1

N/A

N/A

# Foundation Phase

Age specific objectives





# Technical Objectives



## Technical Objectives



Ball Mastery

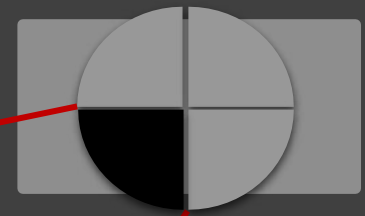
Dribbling & Disguise

Passing & Receiving

Ball Striking

Finishing

# Age-Appropriate Game Concepts



## Game Concepts



Small Group

Progression

Unbalancing

Finishing

Game Intelligence



# Weekly Planning: Winter

## 1/10/22- 1/16/22: Players Return

Monday, Jan 2 <sup>nd</sup>		Tuesday, Jan 3 <sup>rd</sup>		Wednesday, Jan 4 <sup>th</sup>		Thursday, Jan 5 <sup>th</sup>		Friday, Jan 6 <sup>th</sup>		Saturday, Jan 7 <sup>th</sup>		Sunday, Jan 8 <sup>th</sup>	
Off		Off		TDP		Off		Travel Futsal		Age Group Drop In		Indoor Team Training	
										Maintenance: 50% Capacity		Maintenance: 50% Capacity	
										Defensive 1/3		Defensive 1/3	
										1v1	4 x 3-minute games (2 min rest)	1v1	4 x 3-minute games (2 min rest)
										2v2	10 x 1 min sets (30 second rest)	2v2	10 x 1 min sets (30 second rest)
										5v5	6 x 4-minute games (2 min rest)	5v5	6 x 4-minute games (2 min rest)

\*Winter (Jan-early March): 1x indoor training on Sundays,

\*Saturday training (boys: 1/7, 1/21, 2/4, 2/18; girls: 1/14, 1/28, 2/11, 2/25),

\*A few weeknight outdoor trainings in February and early March

**\*\*Players that make the 2015 Team and have registered for the u8 indoor sessions will be transferred along with the fees paid.**

Technical Development Program

Travel Futsal Academy



# Weekly Planning: In Season

## 4/10/23 - 4/16.23: Passing & Receiving

Monday, Apr 10 <sup>th</sup>		Tuesday, Apr 11 <sup>th</sup>		Wednesday, Apr 12 <sup>th</sup>		Thursday, Apr 13 <sup>th</sup>		Friday, Apr 14 <sup>th</sup>		Saturday, Apr 15 <sup>th</sup>		Sunday, Apr 16 <sup>th</sup>	
D>A		Off		Training Academy		Off		D>A		Game		Game	
Maintenance: 75% Capacity				Maintenance: 50% Capacity				Maintenance: 75% Capacity		Threshold: 100% Capacity		Threshold: 100% Capacity	
Attacking 1/3				Middle 1/3				Attacking 1/3					
4v1 Rondo	10 minutes			TBD				4v1 Rondo	10 minutes				
Passing Sequence	10 minutes							Passing Sequence	10 minutes	7v7	2 x 30 minutes	7v7	2 x 30 minutes
3v2 to Goal	20 minutes							3v2 to Goal	20 minutes				
5v5 to Goals	20 minutes							5v5 to Goals	20 minutes				

\*Spring (mid-March to early June): Monday/Friday team training

\*Wednesday Training Academy in March and April (6 weeks).

\*League games are typically played on Sundays from early April through early June.

# Important Dates

Player Placement sessions – players must be registered for consideration

3 December

7 January

First Sunday team training (indoor)

- Every Sunday for six weeks

8 January

8 March

First day of Spring practice

- Every Monday & Friday beginning 3/27

17 March

1 & 2 April

2023/24 u9 player placement sessions

- Plan to create 4-5 teams per gender

May

10 & 11 June

First Winter Age Group training

- With 2014's

First Technical Academy session

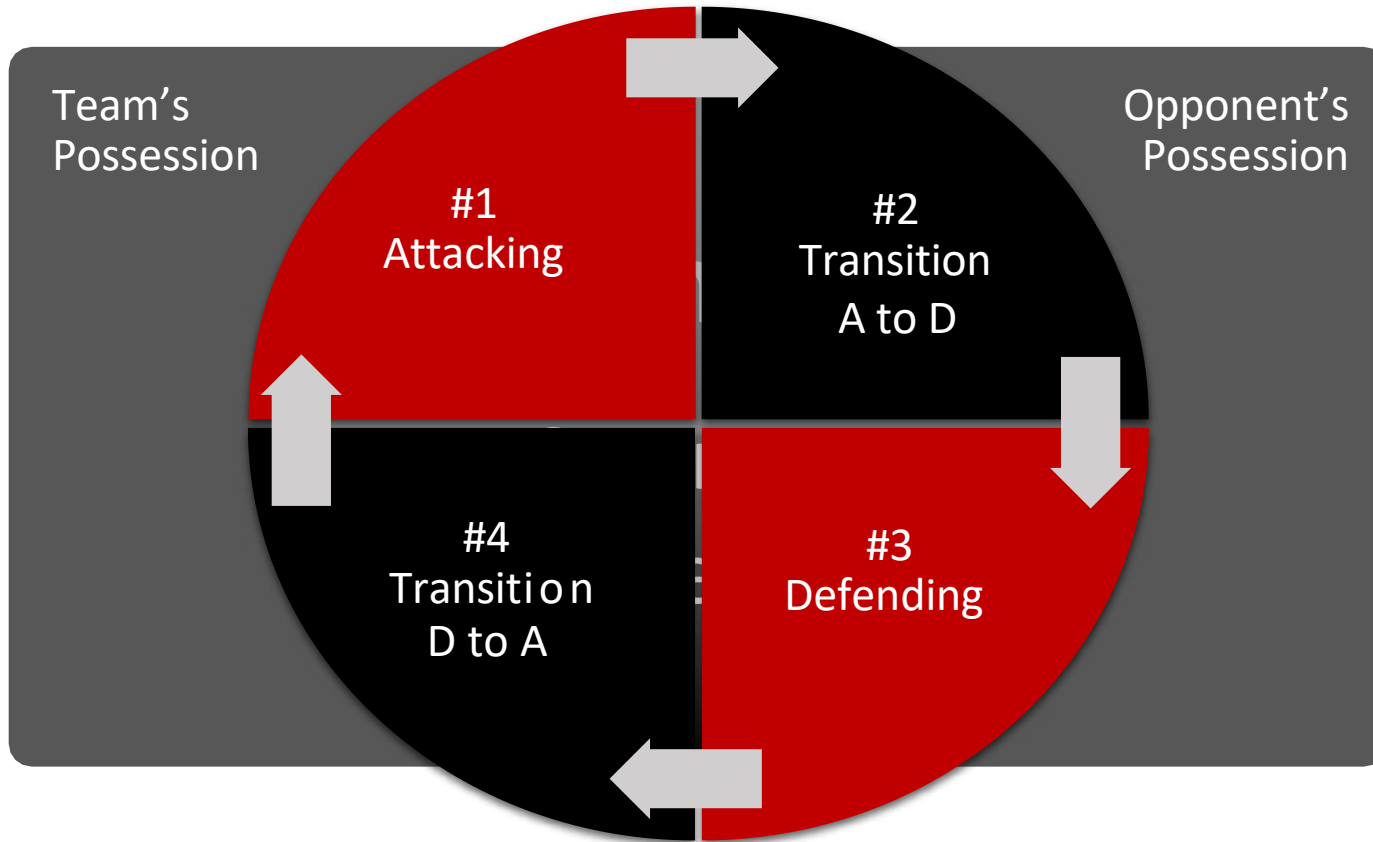
- With 2014's

First weekend of NCSL games

Final NCSL game day

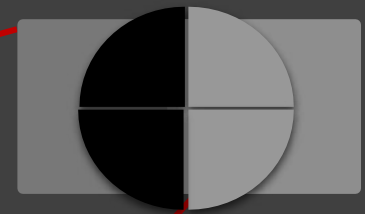
# Style of play

Framework for dissecting the four soccer "moments"



# Team's Possession

Moments of play



## Team's Possession



### Progression

- Passing & Receiving
- Possession
- Breaking Lines

### Unbalancing

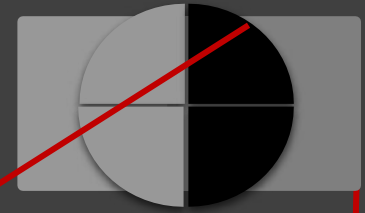
- Dribbling
- Running with the Ball
- Combinations

### Finishing

- Ball Striking
- Breakaways

# Opponent's Possession

Moments of play



## Opponent's Possession

### General

- Deny penetrating passes between our lines

### Deny goal scoring chances

- Press to win the ball back
- Support

### General

- Compact when out of possession





# Primary Formation: 7 v 7 (1-2-3-1)

Focus:

Technique

Awareness

Communication



# Secondary Formation: 7 v 7 (1-3-1-2)

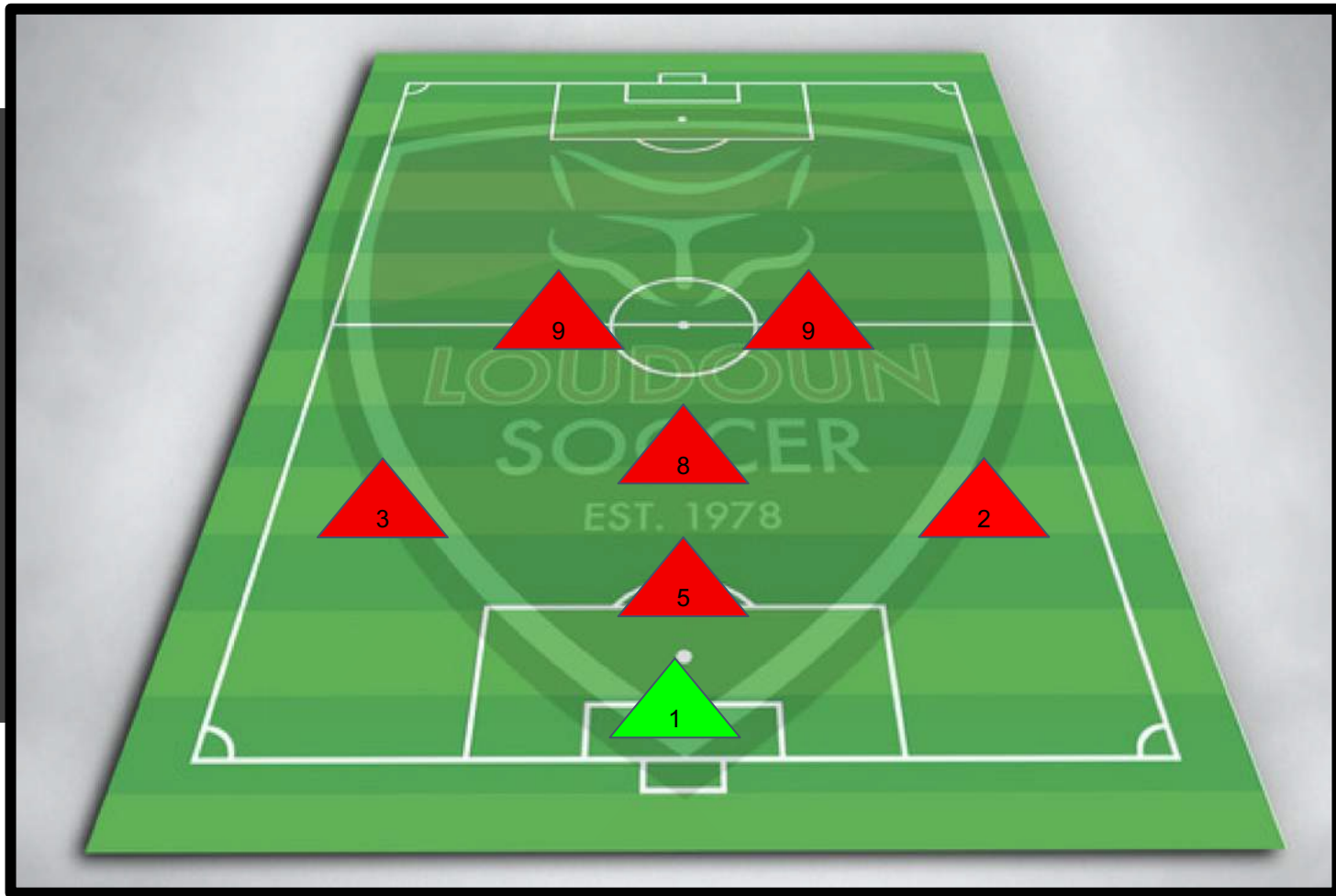


Focus:

Technique

Awareness

Communication



# Questions



WHY FORM A 2015  
ACADEMY TEAM?



WHAT HAPPENS IF  
MY CHILD IS NOT  
SELECTED?



WILL MY CHILD BE  
DISADVANTAGED  
FOR THE 2023/24  
SEASON IF NOT  
SELECTED?



IS THE TEAM AND  
PROGRAM  
SEPARATED?



WHAT LEAGUE WILL  
THE TEAM PLAY  
IN?



HOW MANY GAMES  
WILL THE TEAM  
PLAY?



WHEN WILL THE  
SEASON END?



WILL MY CHILD BE  
GUARANTEED A  
SPOT ON THE  
2023/24  
SPIRIT/MADRID  
TEAM?



WHAT DO MY FEES  
COVER?



WILL ACADEMY  
TEAM PLAYERS  
NEED TO  
PURCHASE A NEW  
UNIFORM?



# Questions



## WHY FORM A 2015 ACADEMY TEAM?

AN ACADEMY TEAM IS BEING FORMED TO BETTER CHALLENGE THE MORE DEVELOPED PLAYERS IN THIS BIRTH YEAR. CONSIDER A SCHOOL SUBJECT LIKE READING OR MATH: SOME CHILDREN READ AT A HIGHER LEVEL THAN OTHERS AND NEED TO BE FURTHER CHALLENGED AT THIS STAGE. WE ARE TAKING A SIMILAR APPROACH.

# Questions



## WHAT HAPPENS IF MY CHILD IS NOT SELECTED?

DON'T WORRY! THEY SHOULD KEEP PLAYING SOCCER. FAMILIES WITH CHILDREN INTERESTED IN THIS PROGRAM WHO ARE NOT SELECTED ARE STRONGLY ENCOURAGED TO ENROLL THEIR CHILD IN THE U8 ACADEMY PROGRAM, OUR IN-HOUSE PRE-TRAVEL PROGRAM. THE U8 ACADEMY WILL STILL PROVIDE MOST OF THE CHILDREN PROFESSIONAL COACHING IN PREPARATION FOR U9 TRAVEL IN FALL 2023-SPRING 2024. FAMILIES MAY ENROLL THEIR CHILD IN THE REC PROGRAM TO BE PLACED ON A COMMUNITY-BASED, VOLUNTEER-LED TEAM AS AN ALTERNATIVE, AND CAN SUPPLEMENT THEIR TRAINING WITH REC TECHNICAL TRAINING ACADEMY.



# Questions



**WILL MY CHILD BE DISADVANTAGED FOR THE 2023/24 SEASON IF NOT SELECTED?**

SIMPLY PUT: NO. CHILDREN DEVELOP AT DIFFERENT RATES; DEVELOPMENT IS A MARATHON AND NOT A SPRINT. IT'S ALSO UNPREDICTABLE. IF YOUR CHILD IS NOT SELECTED, IT JUST MIGHT MEAN YOUR CHILD IS NOT YET READY FOR THIS LEVEL NOW BUT MAY BE IN TIME. OR THE LEVEL OF PLAY IN THIS AGE GROUP IS HIGH AND WITH ONLY 10-12 PLAYERS SELECTED, IMMEDIATE OPPORTUNITIES ARE LIMITED.

# Questions



## **IS THE TEAM AND PROGRAM SEPARATED?**

IN CONJUNCTION WITH ITS U8 ACADEMY (PRE-TRAVEL) PROGRAM, LOUDOUN SOCCER IS FORMING A TRAVEL TEAM OF CHILDREN BORN IN 2015 TO COMPETE IN THE NATIONAL CAPITAL SOCCER LEAGUE (NCSL) IN SPRING 2023 IN A U9 DIVISION.

THIS PROGRAM IS DESIGNED FOR THE MORE DEVELOPED, COMMITTED, AND PASSIONATE YOUTH SOCCER PLAYERS. A TEAM OF 10-12 PLAYERS IN EACH GENDER WILL BE FORMED VIA PLAYER PLACEMENT SESSIONS, AND WILL PLAY IN A 7V7 LEAGUE





# Questions



**WHAT LEAGUE WILL THE TEAM PLAY IN?**

THE TEAM WILL COMPETE IN THE NATIONAL CAPITAL SOCCER LEAGUE (NCSL) IN SPRING 2023 IN A U9 DIVISION.

[NCSL WEBSITE](#)





# Questions



## HOW MANY GAMES WILL THE TEAM PLAY?

LEAGUE GAMES ARE TYPICALLY PLAYED ON SUNDAYS FROM LATE MARCH THROUGH EARLY JUNE. THE EXACT NUMBER OF GAMES WILL DEPEND ON THE THE NUMBER OF TEAMS ENTERED IN THE DIVISION BY OTHER CLUBS

# Questions



## WHEN WILL THE SEASON END?

LEAGUE GAMES ARE TYPICALLY PLAYED ON SUNDAYS FROM LATE MARCH THROUGH EARLY JUNE. THE ACTUAL CONCLUSION OF THE SPRING SEASON WILL BE DEPENDENT ON THE NUMBER OF GAMES PLAYED DURING THE NCSL SEASON.



# Questions



## **WILL MY CHILD BE GUARANTEED A SPOT ON THE 2023/24 TOP TEAM?**

NO. FOR THE FALL 2023-SPRING 2024 SOCCER YEAR, RISING U9 PLAYER PLACEMENT SESSIONS FOR TRAVEL TEAMS WILL TAKE PLACE IN MID MAY. AT THAT TIME, ALL ROSTER SPOTS ARE CONSIDERED OPEN, AND PLAYER PLACEMENT SESSIONS WILL OCCUR TO FORM MULTIPLE TEAMS (TYPICALLY FOUR TO FIVE) TRAVEL TEAMS FOR THAT UPCOMING YEAR. ALTHOUGH ADDITIONAL TEAMS WILL BE FORMED AT THAT TIME, NOT ALL PLAYERS WHO ATTEND THESE SESSIONS WILL BE OFFERED A POSITION ON A TEAM. OUR GOAL IS TO PROVIDE AS MANY OPPORTUNITIES AS POSSIBLE TO PLAYERS WHO ARE READY FOR THAT LEVEL OF PLAY AND COMMITMENT.

# Questions



## WHAT DO MY FEES COVER?

- \*COACH COMPENSATION INCLUDING ALL PAYROLL TAXES AND PROCESSING
- \*WINTER CLUB TRAINING SESSIONS (6 WEEKS ON SUNDAYS)
- \*WINTER AGE GROUP PLAY DAY (4 SESSIONS ON SATURDAY)
- \*SPRING TRAINING ACADEMY (WEDNESDAY NIGHT CLUB TRAINING - 6 SESSIONS)
- \*LEAGUE MEMBERSHIP AND FEES
  - \*VYSA, USSF, USYSA FEES
  - \*REFEREE FEES
- \*RISK MANAGEMENT BACKGROUND CHECKS
- \*TECHNICAL STAFF SUPPORT (TECHNICAL DIRECTOR, TRAVEL DIRECTOR, COACHING EDUCATION)
- \*OPERATIONS STAFF SUPPORT (TRAVEL PROGRAM MANAGER, FIELDS COORDINATOR, FINANCE)
- \*CLUB ADMINISTRATIVE SUPPORT
- \*FINANCIAL ASSISTANCE PROGRAM COSTS
- \*COACHING EDUCATION FOR ALL TRAVEL COACHES
- \*CLUB MARKETING & COMMUNICATION
- \*CLUB INSURANCE
- \*ADDITIONAL PAIR OF SOCKS FOR GAME DAY



# Questions



## **WILL ACADEMY TEAM PLAYERS NEED TO PURCHASE A NEW UNIFORM?**

THE ACADEMY TEAM WILL WEAR THE SAME UNIFORM AS THE U8 ACADEMY PROGRAM. CURRENT MEMBERS OF THE U8 ACADEMY PROGRAM MAY CONTINUE TO WEAR THEIR UNIFORM FROM THE FALL. THERE WILL BE ADDITIONAL ITEMS LIKE WHITE AND BLACK SOCKS, BUT THEY WILL BE INCLUDED IN THE PROGRAM COST (FOR ALL OTHER AGE GROUPS, UNIFORMS ARE PURCHASED SEPARATELY BY EACH FAMILY).

PLAYERS FROM OUTSIDE THE U8 ACADEMY WHO JOIN THE ACADEMY TEAM WILL NEED TO PURCHASE AN ACADEMY KIT (RED JERSEY, WHITE JERSEY, BLACK SHORTS, RED SOCKS, GRAY TRAINING TOP). INFORMATION ON ORDERING ITEMS WILL BE SENT TO FAMILIES OF INVITED PLAYERS AFTER SELECTION.

# Thank You



[Daryn.Patricio@loudounsoccer.com](mailto:Daryn.Patricio@loudounsoccer.com)

For more information, go to the [2015 Academy Team page](#)